

*Most Worshipful*  
**John R. Heisner Lodge No. 442**

# Monthly Trestleboard



## Most Worshipful John R. Heisner

May 11, 1947 — June 21, 2022

Initiated — November 27, 1968

Passed — February 05, 1969

Raised — March 05, 1969

### Offices Held

Worshipful Master — 2004

Inspector, 909th District — 2008-2013

Grand Orator — 2011-2012

Grand Master of Masons in California — 2016-2017

### Masonic Honors

Hiram Award — 2013

Golden Veteran's Award — 2019

Grand Master Circle Donor — 2015-2021

Pace Setter Donor — 2018-2019

"Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven"  
 Matthew 5:16

## FROM THE EAST

Dear Brethren & Family of MW John R. Heisner Lodge,

Our Stated Meeting is on August 13th, 2025 where we will recognize Brother Phillip Lastrella with the Mason of the Year (MOY) Award. The award is given to a brother Master Mason who epitomizes the highest standard of friendship, fellowship, brotherly love and service to the craft.

Brother Phillip Lastrella has demonstrated his willingness to serve MW John R. Heisner Lodge No.442 and Masonry in general through his conduct and actions. He has worked tirelessly at all our fundraising events and was instrumental in setting up our Day of Service at Father Joe's Kitchen on April 17th, 2025. He was very active in the success of our Breakfast Fundraiser this year and led in the planning, preparation, and execution of the very well attended activity that resulted in us raising more than \$5000. He also serves as our Lodge Prospect Manager which makes him the first point of contact for any man interested in joining our Lodge. This is a time consuming job which he voluntarily accepted. He is continuously communicating with our potential prospects, keeping them informed of Lodge events and answering their questions. Brethren, help me congratulate and thank him for his continued support and service to our Lodge and Masonry in general.

Congratulations to Brother Brooks Omar Cross on his Initiation July 16th. He received an excellent degree. Congratulations also to Brother Patrick Dwyer on qualifying in the 1st Section of the 1st Degree. One step closer on his Junior Warden qualifications. We look forward to your qualification in the 2nd Section.

And finally, congratulations to Brother Gergel G. Lujero on his Initiation July 30th. The Brethren really came together to give him an excellent Degree. We have witnessed a lot of brothers giving excellent returns of degree Proficiencies this year. Our future looks bright!

Please check our Lodge schedule included in our Trestle board. We are going to be very busy bees with our Golf Fundraising, degrees, DOSI, Masons Night & Royal Lederle Picnic at Petco Park, and others.

Fraternally.....Upon the Square  
Alexander W. Verbrughen  
Master

## FROM THE WEST

Worshipful Sirs, Brethren, Sisters, and Families,  
Warmest Greetings from the West!

On July 9th, the Brethren of MW John R. Heisner Lodge No. 442 gathered for our Monthly Stated Meeting and Dinner. During the dinner, we had the honor of presenting the Jack Gobel Memorial Scholarship Funds to six outstanding students selected as recipients of this academic scholarship. Following the presentation, we shared several important announcements and updates regarding upcoming lodge events, which were well received by the Brethren, Sisters, and families present.

After dinner, we proceeded to the lodge room to conduct our Stated Meeting. During the meeting, we passed several motions aimed at supporting the continued improvement of our lodge, the temple, and our surrounding community.

On July 10th, I, along with our Junior Warden and several Brethren, visited Lemon Grove Lodge No. 736 to support their Double First Degree Conferral. Our presence was warmly welcomed, and we were sincerely appreciated by the Brethren of LGL736. Visits like these help strengthen the bonds of brotherly love and affection between our lodges. On July 15th, we hosted our District Officers' School of Instruction (DOSI). During refreshments, Brethren from four different lodges surprised our Inspector, Worshipful Dave Vassal, with a birthday cake. We all joined in singing the birthday song for him. Worshipful Dave was visibly touched and expressed his deep appreciation for the heartfelt gesture.

Upcoming Lodge Schedules:

**July 16** – Entered Apprentice Degree Conferral for Mr. Brook Omar Cross, who was elected to receive the degrees of Masonry a few months ago.

**July 21** – Normal Heights Masonic Temple Association Meeting to discuss temple status and maintenance.

**July 28** – First Degree Practice in preparation for an upcoming conferral.

**July 30** – First Degree Conferral for Mr. Gergel Lujero, brother-in-law of WB Jack Evangelio.

**August 3** – Lodge Family Picnic at PETCO Park to watch the Padres game—an annual tradition for our Brethren and their families.

**August 13** – Stated Meeting and Dinner, where we will proudly present the Mason of the Year Award to Brother Philip Lastrella, selected by the Worshipful Master for his exemplary dedication and service to the lodge.

After these numerous events, the lodge will go dark for the remainder of August, allowing us all a much-needed break and the opportunity to support other Masonic and community activities.

Masonic Education:

**"So Mote It Be"** – A phrase often heard at the end of Masonic prayers, "So mote it be" is an ancient expression meaning, "The will of God be done." It affirms a Mason's trust in the divine will—believing that whatever the outcome, it is wise and just. -MW John R. Heisner

Fraternally.....On the Level  
Reginald I. Oca  
Senior Warden

# FROM THE SOUTH

August Birthday Celebrants
Carlos Bacsal
Rodolfo Bayle
Billy Ray Blackmon
Dominador Borillo
Bradley Bourgeois
Kenneth Burkhart
David Bustos
Nicolas Butchko
Michael Butler
Michael Byers
Ely De Los Reyes
Charles Dickenson
Robert Dockery
Donald Goodman
Ricardo Jamon
Joven Martinez
Gian Molina
Teodorico Napalan
Robert Newman
Romeo Orje
Romeo Quinto
William Romer
Neil Rubin
Benjamin Salvania
Adam Torres
Justin Valverde
Thomas Warner

Greetings from the South!

The California Masons are deeply committed to positively impacting our communities. By collaborating with esteemed organizations, the California Masonic Foundation strategically provides crucial support where the need is greatest. These partnerships annually benefit thousands of Californians. MW John R Heisner Lodge #442 is a steadfast supporter of these endeavors, with a particular focus on **Masons4Mitts**.

Through **Masons4Mitts**, the California Masonic Foundation collaborates with prominent baseball teams to empower underserved youth. Annually, lodges engage in spirited competition to procure baseball mitts for deserving children, each featuring the distinct Masons of California logo. In the last seven years, the Masons of California have collectively contributed over **\$500,000** in support of under-resourced youth.

Now in its **17th year**, Masons4Mitts has successfully raised more than **\$2 million** for our four MLB partner foundations. This initiative provides underserved young individuals across the state with custom-made leather baseball mitts, granting them access to enriching and high-quality youth baseball and softball leagues.

The California Masonic Foundation is honored to partner with the charitable foundations of the **Los Angeles Angels, Los Angeles Dodgers, San Diego Padres, and San Francisco Giants**. Your contribution to Masons4Mitts directly ensures that underserved youth receive custom-made leather baseball mitts, enabling them to participate in the sport and acquire invaluable life lessons. Furthermore, Masons4Mitts is evolving to encompass health, nutrition, wellness, and social justice, extending its reach beyond the game itself. For additional information, please visit [masons4mitts.org](https://masons4mitts.org)

Our July Stated Meeting concluded successfully. In observance of the 4th of July, Norman Granger thoughtfully prepared an American-themed meal, which was both simple and exceptionally flavorful. The menu included cheeseburgers, chicken burgers, chicken parmesan, potato salad, macaroni salad, and beans. The meeting was also highly productive, as we were delighted to welcome **four new brothers** through affiliation. Let us keep this beloved lodge strong.

Fraternally.....By the Plumb,  
Othello "Toti" Delrosario  
Junior Warden



August Masonic Anniversary	Spouses / Widows Birthday Celebrants
Christopher Bowen	Marie Adams
Michael Butler	Shirley Crawford
Rodrigo Cuevas	Cleofe DECENA
Werner Dreifuss	Blance Decker
Sam Estrin	Muriel Duty
Victor Hernandez	Emelyn Emotan
Richard Knight	Margaret (Rita) Garrett
Teodorico Napalan	Margo Heisner
Leopoldo Reyes	Rosemarie Mendoza
Stephen Shultz	Conchita Perez
Roland Victa	Wilma Ursprung
	Sandra may Walker
	Rachel Wendt Ortiz
	Barbara Wicks
	Judith Willhite

**MW John R. Heisner Lodge No. 442**  
**3366 Adams Avenue**  
**San Diego, CA 92116**

**Phone:** (619) 501-5515

**Email:** secretary@heisner442.org

**Website:** www.heisner442.org

**RETURN SERVICES REQUESTED**  
**DATED MATERIAL**  
**AUGUST 2025**



August Schedules			September Schedules		
Sunday	3	Royal Lederle Lodge Picnic at Petco Park	Monday	1	<b>(Labor Day)</b> Practice/Proficiency - TBD
Monday	4	Practice/Proficiency - First Degree	Wednesday	3	Degree Conferral - Candidate TBD
Wednesday	6	Degree Conferral - Candidate TBD	Monday	8	Executive Meeting at 06:30 pm
Monday	11	Executive Meeting at 06:30 pm	Wednesday	10	Dinner starts at 06:30 pm Stated Meeting at 07:30 pm
Wednesday	13	MOY Award at 06:00 pm - Bro. Phillip Lastrella Dinner starts at 06:30 pm Stated Meeting at 07:30 pm	Monday	15	NHMTA Meeting at 07:00 pm
Monday	18	NHMTA Meeting at 07:00 pm	Tuesday	16	OSI – TBD - District Picnic / Fellowship
Tuesday	19	Venue: ESD #561, refreshment at 06:00 pm OSI – Host/Degree Work: Joseph L. Shell Daylight #837 / TBD	Wednesday	17	Dark
Wednesday	20	Dark	Monday	22	Practice/Proficiency - TBD
Monday	25	Dark	Wednesday	24	Degree Conferral - Candidate TBD
Wednesday	27	Dark	Monday	29	Practice/Proficiency - TBD
			Wednesday	1-Oct	Degree Conferral - Candidate TBD

927th Masonic District Lodges			
Lodge Name	Address	Contact Info	Stated Meeting
MW John R. Heisner No. 442	3366 Adams Avenue San Diego, CA 92116	Phone: (619) 505-5515 Website: www.heisner442.org	2nd Wednesday; 7:30pm
East San Diego No. 561	7849 Tommy Drive San Diego, CA 92119	Phone: (619) 589-7272 Website: www.eastsandiegolodge561.org	2nd Thursday; 7:30pm
Joseph L. Shell Daylight No. 837	1895 Camino Del Rio S. San Diego, CA 92108	Phone: (619) 260-0855 Email: jlshell837@gmail.com	1st Tuesday; 10:00am
MW Manuel L. Quizon No. 874	1711 Sunset Cliffs Blvd. San Diego, CA 92107	Website: www.facebook.com/ groups/2823522584532085	1st Monday; 7:30pm